

Lea Belair, PCC

Director of Coaching & Training

Coaching Center of Vermont, Inc.

Lea Belair is a professional business coach with passion and expertise in helping business people and organizations make change easier.

Since 2006 Lea has specialized in working with businesses and organizations to help them move through culture change by increasing the capacity of their most valuable resource - their people.

Lea is also a high-level decision maker at the Coaching Center, as evidenced by her role in developing a new go-to-market model for the company. Lea was instrumental in changing the model from coach-centered collaborative to a customer-oriented coaching company based on business divisions – a model that best serves a diverse customer base.

Before joining the Coaching Center of Vermont, Lea spent five years working in manufacturing, as manager of a small retail store and in operations and procurement for a New Hampshire small business of the year. She also started and operated three successful businesses including a consulting and training company. Lea knows the challenges facing managers and leaders and is expert at guiding and coaching them to be more effective in leading their teams through a process of discovery and empowerment.

Lea is past faculty and curriculum author for UVM/ Vermont Business Center, Coach U, and CoachVille, where she taught courses on coaching, managing, leadership and professional development. She has also collaborated with a myriad of organizations from non-profits to mid-sized corporations to help them establish a leadership coaching culture.



Lea Belair
Transformational Change Coach

Lea is a visionary leader in transformational change. As an experienced coach, consultant, trainer and facilitator, Lea knows that successful transformation lands when the tasks, activities, meetings, and communications of individuals and teams mirror the vision for change.

Lea has achieved the status of Professional Certified Coach (PCC) through the International Coach Federation and has over 2,500 hours of coaching experience. She is one of a handful of internationally certified facilitators for Coaching For Great Work™ and is licensed to deliver trainings in The Change Cycle™ and Lego Serious Play. She is the author of *Walk on Water: How to Make Change Easier*. Lea also holds a Master of Meditation degree from World Development Parliament and an Advanced Certificate in Vedantic Studies from the International Meditation Institute, both in India.

Phone: 802-654-8787

Email: lea@coachingcenterofvt.com

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**Coaching Center
of Vermont, Inc.**

www.vitalbusiness.biz

802-654-8787 or toll free: 877-619-2814

76 Pearl Street, Suite 204

Essex Junction, VT 05452