

Jan C. Bouch, Psy.D.

Executive and Performance Coach Consultant and Educator

The title of Marshall Goldsmith's book *What Got You Here Won't Get You There* pretty much sums up Jan's viewpoint about coaching. Executives spend years convincing themselves and others that this is their destiny, their chosen career, the end of years of education and hard work. Yet the reality often lands executives in a place of loneliness, isolation, and confusion about the complexities and nuances faced in today's world.

Jan believes that working with professional colleagues in a confidential and supportive relationship can enhance all aspects of an executive/leader's experience ranging from better decision making and options to enhanced communication styles and relationships among and with peers and subordinates. It is rare indeed that one individual can bring everything he/she needs to lead a complex and often highly politicized environment. Coaching is the opportunity to reflect, examine, review, and readjust.

Jan is a former administrator with over 25 years of experience leading, coaching, and teaching. She has worked with directors in government, private and not-for-profit entities across the country. Jan has proven her ability to refocus and change the performance outcomes of clients who were at risk in their organizations.



Jan C. Bouch
Executive Coach

Jan is a practitioner of coaching ranging from one-on-one relationships to team and organizational coaching cultures. Jan knows that it is important for decision makers to have the opportunity to reflect, learn, dream, and design. Rarely do executives find that kind of time with the day-to-day demands of running complex organizations.

Jan made the decision to get her doctorate in Organizational Psychology after realizing that her master's education in the late 1980's did not provide her the skills necessary to navigate today's complex and challenging organizations. It was through this program that she received her certification as an executive coach. Jan is a member of the International Coaching Federation and authored a coaching article for the International Journal of Coaching for Organizations (IJCO).

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